



September 2019

1,000 Friends Challenge

Dementia Friends Indiana is challenging communities across the state to make 1,000 NEW DEMENTIA FRIENDS during the month of September in recognition of World Alzheimer's Month. Please join us!

As the number of Indiana residents affected by dementia continues to grow, so does the need for communities to better understand dementia and better accommodate the challenges of those affected by the diseases that cause it.

Together, we can break down the stigma surrounding the various forms of dementia and implement practical changes that make life easier to navigate for those with dementia and their loved ones.

Become a Dementia Friend...

- Become a friend online at dementiafriendsindiana.org/become-a-friend/
- Find an in-person session near you at dementiafriendsindiana.org/events-calendar/
- After completing the training, encourage others to become Dementia Friends. Learn how at [dementiafriendsindiana.org/1000 friends](https://dementiafriendsindiana.org/1000-friends)

 Facebook.com/DementiaFriendsIndiana
 Twitter.com/dfindiana
 instagram.com/DementiaFriendsIndiana/
 linkedin.com/showcase/dementia-friends-indiana/
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STATE ADMINISTRATOR:

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